

# Franklin-McKinley Menu

## January 2019

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and

MARCH 21TH	Tuesday 01/01	Wednesday 01/02	Thursday 01/03	Friday 01/04
				
Monday 01/07	Tuesday 01/08	Wednesday 01/09	Thursday 01/10	Friday 01/11
Chicken Pasta Alfredo w/ Breadstick Bean & Cheese Burrito Turkey & Cheese Wrap ½ Hot Turkey Ham & Cheese w/Chicken Noodle Soup	Taco Tuesday! Assorted Pizza American Sub Sandwich w/Baked Chips Crispy Chicken Sandwich Sandwich	Orange Chicken with Brown Rice Cheese Quesadilla WG Chicken Corn Dog Rib-B-Que Sandwich	Turkey & Gravy with Mashed Potato w/ Breadstick Assorted Pizza PB & J Sandwich with String Cheese	100 % All Beef Dipper w/ Brown Rice Italian Dunkers ½ Turkey Ham & Cheese w/Chicken Noodle Soup WG Chicken Corn Dog
Monday 01/14	Tuesday 01/15	Wednesday 01/16	Thursday 01/17	Friday 01/18
Italian Pasta Bake Buffalo Chicken Wrap Cheeseburger w/Tots Protein Pack w/Sunflower Seeds	Taco Tuesday! Assorted Pizza American Sub Sandwich w/Chips Chicken Quesadilla	Crispy Chicken Sandwich Chili Cheese Tater Tot w/ Breadstick Roasted Turkey & Cheese Sandwich w/ Chips Chicken Caesar Salad & Breadstick	"Mini" Cheeseburger Assorted Pizza 1/2 Grilled Cheese Sandwich w/ Tomato Soup WG Chicken Nugget w/Tots	Nachos w/ Cheese & Refried or Pinto Beans Italian Dunkers Deli Ham & Cheese Sub w/ Chips Fish Nuggets w/ Tots
Monday 01/21	Tuesday 01/22	Wednesday 01/23	Thursday 01/24	Friday 01/25
	Taco Tuesday! Assorted Pizza American Sub Sandwich w/Baked Chips Crispy Chicken Sandwich	Orange Chicken with Brown Rice Cheese Quesadilla WG Chicken Corn Dog Rib-B-Que Sandwich	Turkey & Gravy with Mashed Potato w/ Breadstick Assorted Pizza PB & J Sandwich with String Cheese	100 % All Beef Dipper w/ Brown Rice Italian Dunkers ½ Turkey Ham & Cheese w/Chicken Noodle Soup WG Chicken Corn Dog
Monday 01/28	Tuesday 01/29	Wednesday 01/30	Thursday 01/31	Thursday
Italian Pasta Bake Buffalo Chicken Wrap Cheeseburger w/Tots Protein Pack w/Sunflower Seeds	Taco Tuesday! Assorted Pizza American Sub Sandwich w/Chips Chicken Quesadilla	Crispy Chicken Sandwich Chili Cheese Tater Tot w/ Breadstick Roasted Turkey & Cheese Sandwich w/ Chips Chicken Caesar Salad & Breadstick	"Mini" Cheeseburger Assorted Pizza 1/2 Grilled Cheese Sandwich w/ Tomato Soup WG Chicken Nugget w/Tots	

We use menu identifiers in the café to help students recognize **Local**, **Clean**, **Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**  
**MENU SUBJECT TO CHANGE**