

# Menu Calendar Nutrient Analysis Report

Site: ALL  
 Date: 02/04/2019 - 02/10/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sfat (g)	TFat (g)	Na (mg)
<b>Copy of Feb-March Menu 18 Breakfast K8 Monday - ServingDate: 02/04/2019</b>					
Egg Muffin Breakfast Sandwich - SR1193 (1 sandwich)	100	215.00	3.50	0.00	910.00
French Toast Breakfast Bar - CAR1299 (1 Bar)	20	289.49	2.50	0.00	199.65
Oatmeal Chocolate Breakfast Bar - CAR1300 (1 Bar)	20	289.49	3.00	0.00	239.58
Apple Jacks Cereal - SR1360 (1 bowl)	20	110.00	0.50	0.00	160.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	20	110.00	0.00	0.00	160.00
Cinnamon Bun - CAR1046 (1 ea.)	10	259.06	2.16	0.00	323.83
Original Graham Crackers - SR1163 (1 pkg.)	10	90.00	0.00	0.00	100.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	50	47.62	0.03	0.00	0.92
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
<b>Copy of Feb-March Menu 18 Breakfast K8 Tuesday - ServingDate: 02/05/2019</b>					
Sausage Breakfast Pizza - SR1167 (1 slice)	100	210.03	2.00	0.00	480.08
Bagel - CAR1438 (1 bagel)	10	180.00	0.00	0.00	200.00
French Toast Breakfast Bar - CAR1299 (1 Bar)	20	289.49	2.50	0.00	199.65
Oatmeal Chocolate Breakfast Bar - CAR1300 (1 Bar)	20	289.49	3.00	0.00	239.58

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<b>Copy of Feb-March Menu 18 Breakfast K8 Tuesday - ServingDate: 02/05/2019</b>					
Apple Jacks Cereal - SR1360 (1 bowl)	20	110.00	0.50	0.00	160.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	20	110.00	0.00	0.00	160.00
Original Graham Crackers - SR1163 (1 pkg.)	10	90.00	0.00	0.00	100.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	50	47.62	0.03	0.00	0.92
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Cream Cheese cup - CAR1069 (1 oz.)	100	60.75	3.04	0.00	131.63
<b>Copy of Feb-March Menu 18 Breakfast K8 Wednesday - ServingDate: 02/06/2019</b>					
Tater Tot Burrito - SR1178 (1 burrito)	100	298.22	3.00	0.00	421.39
French Toast Breakfast Bar - CAR1299 (1 Bar)	8	289.49	2.50	0.00	199.65
Oatmeal Chocolate Breakfast Bar - CAR1300 (1 Bar)	8	289.49	3.00	0.00	239.58
Apple Jacks Cereal - SR1360 (1 bowl)	8	110.00	0.50	0.00	160.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	8	110.00	0.00	0.00	160.00
Original Graham Crackers - SR1163 (1 pkg.)	8	90.00	0.00	0.00	100.00
Blueberry Muffin - SR1186 (1 muffin)	60	380.00	4.00	0.00	270.00

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<b>Copy of Feb-March Menu 18 Breakfast K8 Wednesday - ServingDate: 02/06/2019</b>					
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	50	47.62	0.03	0.00	0.92
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
<b>Copy of Feb-March Menu 18 Breakfast K8 Thursday - ServingDate: 02/07/2019</b>					
Sausage Breakfast Burrito - SR1358 (1 burrito)	100	236.24	3.73	0.00	318.50
Bagel - CAR1438 (1 bagel)	8	180.00	0.00	0.00	200.00
French Toast Breakfast Bar - CAR1299 (1 Bar)	8	289.49	2.50	0.00	199.65
Oatmeal Chocolate Breakfast Bar - CAR1300 (1 Bar)	8	289.49	3.00	0.00	239.58
Apple Jacks Cereal - SR1360 (1 bowl)	8	110.00	0.50	0.00	160.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	40	110.00	0.00	0.00	160.00
Original Graham Crackers - SR1163 (1 pkg.)	28	90.00	0.00	0.00	100.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	50	47.62	0.03	0.00	0.92
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Cream Cheese cup - CAR1069 (1 oz.)	100	60.75	3.04	0.00	131.63

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Site: ALL  
 Date: 02/04/2019 - 02/10/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sfat (g)	TFat (g)	Na (mg)
<b>Copy of Feb-March Menu 18 Breakfast K8 Friday - ServingDate: 02/08/2019</b>					
Sausage Breakfast Pizza - SR1167 (1 slice)	100	210.03	2.00	0.00	480.08
French Toast Breakfast Bar - CAR1299 (1 Bar)	8	289.49	2.50	0.00	199.65
Oatmeal Chocolate Breakfast Bar - CAR1300 (1 Bar)	8	289.49	3.00	0.00	239.58
Apple Jacks Cereal - SR1360 (1 bowl)	8	110.00	0.50	0.00	160.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	8	110.00	0.00	0.00	160.00
Cinnamon Bun - CAR1046 (1 ea.)	30	259.06	2.16	0.00	323.83
Original Graham Crackers - SR1163 (1 pkg.)	38	90.00	0.00	0.00	100.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	50	47.62	0.03	0.00	0.92
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Breakfast  
 Site Group: Did You Know Café  
 Menu Line: BRKFST-Café Classics  
 Serving Group: K-8  
 Nutrients Option: Simplified

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.

# Menu Calendar Nutrient Analysis Report

Site: ALL  
 Date: 02/04/2019 - 02/10/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sfat (g)	TFat (g)	Na (mg)
<b>FEB-MARCH DYK DAY 1 - ServingDate: 02/04/2019</b>					
Chicken Nuggets - CAR1158 (7 ea.)	12	362.06	3.48	0.00	557.01
Enchirito Bean & Cheese - CAR1414 (1 ea.)	22	333.00	4.03	0.01	825.68
Hawaiian Pizza - CAR1601 (1 slice)	26	421.73	7.24	0.00	495.70
Pepperoni Pizza - CAR1547 (1 slice regu)	25	432.31	8.09	0.00	550.02
Grilled Cheese Sandwich - CAR1144 (1 sandwich)	15	322.25	9.11	0.00	664.75
Teriyaki Beef Dippers - CAR1018 (4 ea.)	100	160.00	3.50	0.50	440.00
Steamed Brown Rice - SR1098 (1/2 c.)	100	117.19	0.00	0.00	2.03
Mixed Fruit Cocktail - SR1037 (1/2 c.)	80	49.99	0.00	0.00	4.35
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	20	47.62	0.03	0.00	0.92
Fresh Broccoli Florets - SR1027 (1/2 c.)	35	10.84	0.01	0.00	10.53
Caesar Side Salad - CAR1139 (1/2 c.)	10	84.91	1.64	0.00	238.78
Pinto Beans - SR1032 (1 #8 scoop)	40	115.27	0.00	0.00	161.38
Potato Wedges - CAR1350 (1/2 c.)	5	90.28	0.00	0.00	30.09
Classic Tomato Soup - SR1114 (1/2 c.)	10	36.58	0.23	0.00	189.25
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
<b>FEB-MARCH DYK DAY 2 - ServingDate: 02/05/2019</b>					
Chicken Noodle Soup - CAR1500 (1 bowl)	20	163.69	0.77	0.00	434.44
Grilled Ham & Cheese - SR1797 (1 sandwich)	20	411.89	10.98	0.00	1613.70
Pepperoni Pizza - CAR1547 (1 slice regu)	15	432.31	8.09	0.00	550.02

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<b>FEB-MARCH DYK DAY 2 - ServingDate: 02/05/2019</b>					
Supreme Pizza - CAR1392 (1 slice regu)	15	477.30	8.88	0.07	733.49
Spicy Chicken Sandwich - CAR1083 (1 ea.)	15	410.00	3.50	0.00	680.00
Spicy Popcorn Chicken - CAR1126 (12 piece)	5	41.80	0.42	0.00	63.53
Beef Tacos - CAR1439 (2 tacos)	10	313.08	7.88	0.00	217.14
Peaches in Pear Juice - CAR1235 (1/2 c.)	35	50.01	0.00	0.00	10.00
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	20	60.00	0.00	0.00	10.00
Banana - SR1166 (1 medium (7"))	45	105.02	0.13	0.00	1.18
Refried Beans - CAR1137 (1/2 c.)	20	127.35	0.00	0.00	573.06
Mixed Salad Greens - SR1080 (1/2 c.)	60	5.57	0.01	0.00	11.56
Potato Wedges - CAR1350 (1/2 c.)	20	90.28	0.00	0.00	30.09
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
<b>FEB-MARCH DYK DAY 3 - ServingDate: 02/06/2019</b>					
Chicken Tenders - CAR1124 (3 strips)	10	263.68	2.54	0.00	395.51
Nachos with Beef - CAR1716 (1 ea.)	10	456.35	6.60	0.00	542.47
Hawaiian Pizza - CAR1601 (1 slice)	20	421.73	7.24	0.00	495.70
Pepperoni Pizza - CAR1547 (1 slice regu)	20	432.31	8.09	0.00	550.02
Turkey & Cheddar Sub - CAR1441 (1 sandwich)	20	316.74	5.56	0.00	755.25
Spicy Chicken Tenders - CAR1125 (3 strips)	10	260.93	2.51	0.00	391.39
Chicken Corn Dog - CAR1452 (1 corn dog)	10	240.00	2.50	0.00	390.00
Peaches in Pear Juice - CAR1235 (1/2 c.)	34	50.01	0.00	0.00	10.00

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<b>FEB-MARCH DYK DAY 3 - ServingDate: 02/06/2019</b>					
Satsuma Tangerine - CAR1401 (1 ea.)	0	49.54	0.00	0.00	0.00
Caesar Side Salad - CAR1139 (1/2 c.)	0	84.91	1.64	0.00	238.78
Mixed Garden Vegetables - SR1583 (1/2 c.)	0	51.85	0.08	0.00	90.78
Corn - CAR1359 (1/2 c.)	0	65.00	0.00	0.00	151.67
Potato Wedges - CAR1350 (1/2 c.)	0	90.28	0.00	0.00	30.09
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
<b>FEB-MARCH DYK DAY 4 - ServingDate: 02/07/2019</b>					
Bacon Cheeseburger - CAR1637 (1 ea.)	15	385.56	9.78	0.00	587.85
Orange Chicken w/ Rice - CAR1447 (12 ea.)	20	549.40	2.50	0.00	509.46
Cheese Pizza - CAR1390 (1 slice regu)	25	399.50	6.99	0.00	439.45
Hawaiian Pizza - CAR1601 (1 slice)	25	421.73	7.24	0.00	495.70
Turkey & American Cheese Sub - CAR1733 (1 sandwich)	15	295.62	5.00	0.00	892.88
Taco Salad Bowl - SR1656 (1 bowl)	100	140.00	0.50	0.00	180.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	50	49.99	0.00	0.00	4.35
Diced Bartlett Pears - SR1194 (1/2 c.)	40	49.27	0.00	0.00	3.94
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.01	0.00	0.00
Mixed Salad Greens - SR1080 (1/2 c.)	50	5.57	0.01	0.00	11.56
Green Beans - CAR1430 (1/2 c.)	10	18.35	0.00	0.00	160.59
Potato Wedges - CAR1350 (1/2 c.)	40	90.28	0.00	0.00	30.09

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<b>FEB-MARCH DYK DAY 4 - ServingDate: 02/07/2019</b>					
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
<b>FEB-MARCH DYK DAY 5 - ServingDate: 02/08/2019</b>					
Alaskan Pollock Nuggets - SR1045 (4 nuggets)	20	202.50	0.00	0.00	458.99
Chicken Quesadilla - CAR1725 (1 each quesa)	35	341.61	6.53	0.00	589.15
Pepperoni Pizza - SR1443 (1 slice)	25	368.99	8.14	0.00	701.93
Supreme Pizza - CAR1392 (1 slice regu)	10	477.30	8.88	0.07	733.49
Crispy Chicken Sandwich - CAR1082 (1 ea.)	5	410.00	3.00	0.00	680.00
PB & J - CAR1024 (1 sandwich)	5	438.68	2.67	0.00	423.46
String Cheese Mozzarella - CAR1211 (1 ea.)	100	80.00	4.00	0.00	200.00
Peaches in Pear Juice - CAR1235 (1/2 c.)	50	50.01	0.00	0.00	10.00
Banana - SR1166 (1 medium (7"))	20	105.02	0.13	0.00	1.18
Fresh Oranges - SR1171 (1 small (2-3))	30	45.12	0.01	0.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	40	10.84	0.01	0.00	10.53
Caesar Side Salad - CAR1139 (1/2 c.)	20	84.91	1.64	0.00	238.78
Corn - CAR1359 (1/2 c.)	20	65.00	0.00	0.00	151.67
Potato Wedges - CAR1350 (1/2 c.)	20	90.28	0.00	0.00	30.09
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00



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Site: ALL  
Date: 02/04/2019 - 02/10/2019

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch  
Site Group: Did You Know Café  
Menu Line: DYK-Remix  
Serving Group: 6-8  
Nutrients Option: Simplified

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.