



Elementary School Menu September 2017

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

				Friday 9/1
WG= Whole Grain 				Mac & Cheese w/Roll WG Bean & Cheese Burrito Fruit & Yogurt Parfait Tuna Sandwich
Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
No School 	Teriyaki Dunker w/Rice Crispy Chicken Sandwich PB & J Sandwich WG Cheesy Bread with Marinara Sauce	Orange Chicken with Rice BBQ Meatball Sandwich WG Pepperoni or Cheese Turkey Ham & Cheese Sandwich	Chicken Fajita 100% Beef Hamburger WG Pepperoni or Cheese Grilled Cheese Sandwich	Nacho Beef & Cheese WG Pepperoni or Cheese Breakfast 4 Lunch Tuna Sandwich
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
Rib-B-Que Sandwich Spicy Chicken Sandwich WG Bean & Cheese Burrito Muffin, Yogurt & String Cheese	100% Crunchy Beef Tacos 100% Beef Cheeseburgers/Tots WG Pepperoni or Cheese Turkey & Ham Sub	Fish Sticks & Tots WG Chicken Corn Dog Spicy Buffalo Chicken Wrap Protein Pack w/Sunflower Seeds	Chicken Tenders & Roll Spaghetti with Meat Sauce & Roll WG Pepperoni or Cheese Chicken Caesar Salad w/ Breadstick	Mac & Cheese w/Roll WG Bean & Cheese Burrito Fruit & Yogurt Parfait Tuna Sandwich
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
WG Chicken Nuggets "Nitrate" Turkey Hot Dog WG Pepperoni or Cheese Chicken Caesar Salad w/ Breadstick	Teriyaki Dunker w/Rice Crispy Chicken Sandwich PB & J Sandwich WG Cheesy Bread with Marinara Sauce 	Orange Chicken with Rice BBQ Meatball Sandwich WG Pepperoni or Cheese Turkey Ham & Cheese Sandwich	Chicken Fajita 100% Beef Hamburger WG Pepperoni or Cheese Grilled Cheese Sandwich	Nacho Beef and Cheese Breakfast 4 Lunch WG Pepperoni or Cheese Tuna Sandwich
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Friday 9/29
Rib-B-Que Sandwich Spicy Chicken Sandwich WG Bean & Cheese Burrito Muffin, Yogurt & String Chees	100% Crunchy Beef Tacos 100% Beef Cheeseburgers/Tots WG Pepperoni or Cheese Turkey & Ham Sub	Fish Sticks & Tots WG Chicken Corn Dog Spicy Buffalo Chicken Wrap Protein Pack w/Sunflower Seeds	Chicken Tenders & Roll Spaghetti with Meat Sauce & Roll WG Pepperoni or Cheese Chicken Caesar Salad w/ Breadstick	Mac & Cheese w/Roll WG Bean & Cheese Burrito Fruit & Yogurt Parfait Tuna Sandwich



We use menu identifiers in the café to help students recognize **Local**, **Clean**, **Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch. **Vegetarian** items noted with V.

For menu nutritional information and foods containing common food allergens please visit www.fmsd.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER





WHAT IS THINK [CA]?

Think [CA] is Sodexo's commitment to communicating to our students, parents, administration and communities that we are your partners in nurturing students by empowering them to think about their nutritional choices and choose to eat well.

The project is designed to get individuals (of all ages) to STOP and THINK California! Think about the unique qualities associated with the state and our foodservice programs. This includes, whenever possible, to feature items that are made from scratch, selections with a short ingredient list and/ or no artificial additives and to use locally-grown and produced ingredients. **Think [CA]** visualizes our promise to promote student achievement while improving the quality of life and overall well-being of the students, families and communities we serve.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

WHAT DO THE ICONS MEAN?

As major focus of **Think [CA]** is to help students make nutritionally sound choices. To assist in this effort, we have created three color-coded graphic icons to correlate with the key initiatives we are emphasizing throughout our California accounts. In addition to a distinct color, each icon features a simple graphic and key word that visually communicates the meaning of the icon.



Food options that utilize locally-grown or produced ingredients.



Food options that are made from scratch.



Food options options with a short ingredient list and/or no artificial additives.

BREAKFAST MENU

MONDAY

Breakfast Pizza

Warm Cinnamon Bun

TUESDAY

French Toast Sticks & Sausage

Bagel & Cream Cheese

WEDNESDAY

Whole Wheat Pancakes

Warm Cinnamon Bun

THURSDAY

Breakfast Pizza

Bagel & Cream Cheese

FRIDAY

WG Waffle w/Eggs

Warm Cinnamon Bun

Additional Entrees Offered for Breakfast Daily!!

- Assorted Cereals offered with String Cheese & Benefit Bars

Breakfast also includes: 100% Juice, Fresh Fruit and a variety of Milks.

Breakfast items are whole grain.

Student Breakfast \$1.75 / Reduced Price \$.30

Student Lunch \$2.85 / Reduced price \$.40

Online Payments can be made at: www.EZSchoolPay.com

Menu is subject to change. The USDA and this institution are equal opportunity employers.



Sodexo, your partner in Food Service has also partnered with the **Community Alliance with Family Farmers in Santa Clara County.**

Franklin-McKinley Schools is recognized as a leader in providing farm fresh local fruits and vegetables from Family Farmers!



Questions or Ideas?

Please contact
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FROM THE GARDEN

MONDAY

Fresh Fruit
Celery Sticks
Caesar Salad
Broccoli
Pinto Beans
Mixed Fruit

TUESDAY

Fresh Fruit
Carrot Sticks
Garden Salad
Tomatoes
Pinto Beans
Pears

WEDNESDAY

Fresh Fruit
Celery Sticks
Caesar Salad
Green Beans
Jicama Sticks
Applesauce

THURSDAY

Fresh Fruit
Celery Sticks
Garden Salad
Carrot Sticks
Corn
Pineapple

FRIDAY

Fresh Fruit
Carrot Sticks
Caesar Salad
Broccoli
Pinto Beans
Fruit Cocktail

DOMINO PIZZA DAYS ARE BACK!!

STARTING SEPTEMBER 11th

