

# Franklin-McKinley

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

Page 1

Generated on: 1/3/2018 7:12:02 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 01/08/2018</b>							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN 13940	1 EACH	1	267	140	2.0	1.17	0.00
BENEFIT BAR APPLE BLUE CHIP	EACH 2.5 OZ	1	290	200	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
PASTA ALFREDO w/CHICKEN JTM	2 #8 SCOOPS	1	268	633	9.96	4.91	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
BURRITO BEAN:K8 bulk	1 burrito	1	316	529	8.01	3.00	0.00
SAND COLD TURKEY & CHED RICHS	1 EACH	1	295	545	10.81	5.01	0.00
YOGURT STRING CHZ CINN GRAHAMS	1 yog, 1 chz, 1g	1	280	385	10.0	4.50	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	1	60	10	0.0	0.00	0.00
BEANS PLAIN PINTO:m/ma	1/2 cup	1	79	111	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			1719	2548	44.63	15.38	0.00
% of Calories					23.4%	8.0%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

<b>Tue - 01/09/2018</b>							
middle breakfast	Total	1					
BURRITO BREAKFAST EGG SAUS	BURRITO	1	364	518	19.6	6.14	0.20
BAGEL BLUEBERRY WG 87823	1 EACH	1	260	200	1.0	0.00	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100%	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Franklin-McKinley

## Base Menu Spreadsheet

### Portion Values - Detailed

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Jan 8, 2018 thru Jan 31, 2018

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Generated on: 1/3/2018 7:12:02 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
ITALIAN DUNKERS WG 73338	2 breadsticks	1	310	590	13.0	7.00	0.00
CHICKEN TENDERS WG:koch	3 TENDERS	1	230	500	11.0	2.50	0.00
SAND COLD SB & J & STRING CHZ	1 EACH	1	470	552	24.01	5.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	37	177	1.63	0.24	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
BEANS BLACK	1/2 CUP	1	120	140	0.5	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			1777	2509	55.33	16.34	0.10
% of Calories					28.0%	8.3%	0.1%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Wed - 01/10/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX CINNAMON	1 bowl	1	110	170	2.0	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN BBQ ROASTED 100098	SERVING	1	174	130	9.84	3.52	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
SALAD CHICKEN CAESAR faj SEC	PORTION	1	352	936	28.91	6.58	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
PROTEIN PACK w/sunflower seed	CONTAINER	1	538	569	24.82	4.98	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	1	60	10	0.0	0.00	0.00
CELERY STICKS	3/4 CUP	1	6	29	0.06	0.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Franklin-McKinley

Jan 8, 2018 thru Jan 31, 2018

## Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

### Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1943	3123	71.30	19.77	0.00
% of Calories					33.0%	9.2%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Thu - 01/11/2018							
middle breakfast	Total	1					
EGG & CHEDDAR MUFFIN GIULIANI	1 EACH	1	205	395	9.5	3.25	0.00
BAGEL BLUEBERRY WG 87823	1 EACH	1	260	200	1.0	0.00	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
CORN DOG CHICKEN WG	1 EACH	1	240	390	8.0	2.50	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
SALAD ASIAN CHICKEN SHRED 6-12	PORTION	1	387	919	26.19	4.76	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
GRILLED CHEESE 1MMA GIULIANOS	1 sandwich	1	230	470	9.0	4.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1634	2508	44.20	12.56	0.25
% of Calories					24.3%	6.9%	0.1%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Fri - 01/12/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

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# Franklin-McKinley

Base Menu Spreadsheet

Jan 8, 2018 thru Jan 31, 2018

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

## Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
POLLOCK NUGGETS:K12	4 nuggets	1	202	459	6.75	0.00	0.00
POTATO TATER TOTS USDA	1/2 cup	1	150	230	6.0	1.00	0.00
MAC & CHEESE JTM 5705	#6 SCOOP	1	320	687	17.88	9.74	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
CHEESEBURGER 15-320-09GIULIANO	1 EACH	1	355	460	20.0	8.75	0.00
SALAD CHEF:G612	1 salad	1	182	447	9.7	3.55	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED USDA	1/2 CUP	1	65	15	1.0	0.00	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
Weighted Daily Average			1742	2842	53.76	17.89	0.00
% of Calories					27.8%	9.2%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Tue - 01/16/2018							
middle breakfast	Total	1					
BURRITO BREAKFAST EGG SAUS	BURRITO	1	364	518	19.6	6.14	0.20
BAGEL BLUEBERRY WG 87823	1 EACH	1	260	200	1.0	0.00	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100%	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
CRISPY CHICKEN SAND 70304 GS	1 sandwich	1	430	620	16.0	2.50	0.00
POTATO TATER TOTS USDA	1/2 cup	1	150	230	6.0	1.00	0.00
SAND FT AMERICAN:G612	1 sub	1	324	1068	14.6	6.31	0.00
YOGURT STRING CHZ CINN GRAHAMS	1 yog, 1 chz, 1g	1	280	385	10.0	4.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
BEANS BLACK	1/2 CUP	1	120	140	0.5	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00

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### Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1854	2763	53.90	15.89	0.10
% of Calories					26.2%	7.7%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Wed - 01/17/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX CINNAMON	1 bowl	1	110	170	2.0	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN OVEN ROASTED	1 EACH	1	150	300	10.0	3.00	0.00
QUESADILLA CHICKEN K-8	1 EACH	1	321	534	16.27	6.93	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
PROTEIN PACK w/sunflower seed	CONTAINER	1	538	569	24.82	4.98	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
BEANS SW BLACK:m/ma	1/2 cup	1	98	305	0.7	0.26	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1797	2633	60.28	19.13	0.00
% of Calories					30.2%	9.6%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Thu - 01/18/2018							
middle breakfast	Total	1					
EGG & CHEDDAR MUFFIN GIULIANI	1 EACH	1	205	395	9.5	3.25	0.00
BAGEL BLUEBERRY WG 87823	1 EACH	1	260	200	1.0	0.00	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Franklin-McKinley

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
HOT DOG TURKEY 51% WW GIULIANO	1 EACH	1	260	550	11.5	3.00	0.00
POTATO TATER TOTS USDA	1/2 cup	1	150	230	6.0	1.00	0.00
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
SAND HOT HAM & CHEESE:onsite	1 sandwich	1	260	893	8.51	2.78	0.00
SAND COLD PB&J:K12	1 sandwich	1	535	540	32.0	5.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			1777	2855	56.76	14.53	0.25
% of Calories					28.7%	7.4%	0.1%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Fri - 01/19/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
TURKEY GRAVY w/MASHED POTATOES	gravy+potato	1	210	556	7.22	2.81	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
RIB BEEF HONEY BBQ 3716 GIULIA	1 EACH	1	340	960	12.5	4.50	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
SAND COLD TUNA GIULIANOS	1 sandwich	1	351	616	19.26	3.14	0.00
PASTA SALAD W/HAM & VEGGIES	2 #6 SCOOPS	1	327	827	6.87	1.87	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1806	3171	49.02	13.03	0.00
% of Calories					24.4%	6.5%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Mon - 01/22/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN 13940	1 EACH	1	267	140	2.0	1.17	0.00
BENEFIT BAR APPLE BLUE CHIP	EACH 2.5 OZ	1	290	200	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN NUGGETS:tyson 2155	7 EACH	1	336	658	19.6	3.50	0.00
SLOPPY JOE 2858-28 GIULIANOS	BURGER	1	305	1094	7.65	2.05	0.00
QUESADILLA CHICKEN K-8	1 EACH	1	321	534	16.27	6.93	0.00
YOGURT STRING CHZ CINN GRAHAMS	1 yog, 1 chz, 1g	1	280	385	10.0	4.50	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
BEANS PLAIN PINTO:m/ma	1/2 cup	1	79	111	0.0	0.00	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	1	60	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
Weighted Daily Average			1651	2766	50.51	14.91	0.00
% of Calories					27.5%	8.1%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Tue - 01/23/2018							
middle breakfast	Total	1					
BURRITO BREAKFAST EGG SAUS	BURRITO	1	364	518	19.6	6.14	0.20
BAGEL BLUEBERRY WG 87823	1 EACH	1	260	200	1.0	0.00	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100%	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Franklin-McKinley

## Base Menu Spreadsheet

### Portion Values - Detailed

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Jan 8, 2018 thru Jan 31, 2018

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
ITALIAN DUNKERS WG 73338	2 breadsticks	1	310	590	13.0	7.00	0.00
CHICKEN TENDERS WG:koch	3 TENDERS	1	230	500	11.0	2.50	0.00
SAND COLD SB & J & STRING CHZ	1 EACH	1	470	552	24.01	5.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	37	177	1.63	0.24	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
BEANS BLACK	1/2 CUP	1	120	140	0.5	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			1777	2509	55.33	16.34	0.10
% of Calories					28.0%	8.3%	0.1%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Wed - 01/24/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX CINNAMON	1 bowl	1	110	170	2.0	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN BBQ ROASTED 100098	SERVING	1	174	130	9.84	3.52	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
SALAD CHICKEN CAESAR faj SEC	PORTION	1	352	936	28.91	6.58	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
PROTEIN PACK w/sunflower seed	CONTAINER	1	538	569	24.82	4.98	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	1	60	10	0.0	0.00	0.00
CELERY STICKS	3/4 CUP	1	6	29	0.06	0.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00

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# Franklin-McKinley

Jan 8, 2018 thru Jan 31, 2018

## Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

### Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1943	3123	71.30	19.77	0.00
% of Calories					33.0%	9.2%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Thu - 01/25/2018							
middle breakfast	Total	1					
EGG & CHEDDAR MUFFIN GIULIANI	1 EACH	1	205	395	9.5	3.25	0.00
BAGEL BLUEBERRY WG 87823	1 EACH	1	260	200	1.0	0.00	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
CORN DOG CHICKEN WG	1 EACH	1	240	390	8.0	2.50	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
SALAD ASIAN CHICKEN SHRED 6-12	PORTION	1	387	919	26.19	4.76	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
GRILLED CHEESE 1MMA GIULIANOS	1 sandwich	1	230	470	9.0	4.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1634	2508	44.20	12.56	0.25
% of Calories					24.3%	6.9%	0.1%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Fri - 01/26/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

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# Franklin-McKinley

Base Menu Spreadsheet

Jan 8, 2018 thru Jan 31, 2018

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

## Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
POLLOCK NUGGETS:K12	4 nuggets	1	202	459	6.75	0.00	0.00
POTATO TATER TOTS USDA	1/2 cup	1	150	230	6.0	1.00	0.00
MAC & CHEESE JTM 5705	#6 SCOOP	1	320	687	17.88	9.74	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
CHEESEBURGER 15-320-09GIULIANO	1 EACH	1	355	460	20.0	8.75	0.00
SALAD CHEF:G612	1 salad	1	182	447	9.7	3.55	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED USDA	1/2 CUP	1	65	15	1.0	0.00	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
Weighted Daily Average			1742	2842	53.76	17.89	0.00
% of Calories					27.8%	9.2%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Mon - 01/29/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN 13940	1 EACH	1	267	140	2.0	1.17	0.00
BENEFIT BAR APPLE BLUE CHIP	EACH 2.5 OZ	1	290	200	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Base Menu Spreadsheet

Jan 8, 2018 thru Jan 31, 2018

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

## Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
PASTA ALFREDO w/CHICKEN JTM	2 #8 SCOOPS	1	268	633	9.96	4.91	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
BURRITO BEAN:K8 bulk	1 burrito	1	316	529	8.01	3.00	0.00
SAND COLD TURKEY & CHED RICHES	1 EACH	1	295	545	10.81	5.01	0.00
YOGURT STRING CHZ CINN GRAHAMS	1 yog, 1 chz,1g	1	280	385	10.0	4.50	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	1	60	10	0.0	0.00	0.00
BEANS PLAIN PINTO:m/ma	1/2 cup	1	79	111	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			1719	2548	44.63	15.38	0.00
% of Calories					23.4%	8.0%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Tue - 01/30/2018							
middle breakfast	Total	1					
BURRITO BREAKFAST EGG SAUS	BURRITO	1	364	518	19.6	6.14	0.20
BAGEL BLUEBERRY WG 87823	1 EACH	1	260	200	1.0	0.00	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100%	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
CRISPY CHICKEN SAND 70304 GS	1 sandwich	1	430	620	16.0	2.50	0.00
POTATO TATER TOTS USDA	1/2 cup	1	150	230	6.0	1.00	0.00
SAND FT AMERICAN:G612	1 sub	1	324	1068	14.6	6.31	0.00
YOGURT STRING CHZ CINN GRAHAMS	1 yog, 1 chz,1g	1	280	385	10.0	4.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
BEANS BLACK	1/2 CUP	1	120	140	0.5	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00

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# Franklin-McKinley

## Base Menu Spreadsheet

Jan 8, 2018 thru Jan 31, 2018

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

### Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1854	2763	53.90	15.89	0.10
% of Calories					26.2%	7.7%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Wed - 01/31/2018							
middle breakfast	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX CINNAMON	1 bowl	1	110	170	2.0	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN OVEN ROASTED	1 EACH	1	150	300	10.0	3.00	0.00
QUESADILLA CHICKEN K-8	1 EACH	1	321	534	16.27	6.93	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
PROTEIN PACK w/sunflower seed	CONTAINER	1	538	569	24.82	4.98	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
BEANS SW BLACK:m/ma	1/2 cup	1	98	305	0.7	0.26	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1797	2633	60.28	19.13	0.00
% of Calories					30.2%	9.6%	0.0%
Nutrient Guideline			600-675	1295	<=15.0	<10.00	

Weighted Average			1775	2744	54.30	16.26	0.07
					27.5%	8.2%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1775		600 - 675	263%			1100	Correction Required -
Sodium (mg)	2744		1295				1449	Calories too High
Total Fat (g)	54.30	27.54%	<=15.00%					Correction Required -
Saturated Fat (g)	16.26	8.25%	<10.00%					Sodium too High
Trans Fat <sup>1</sup> (g)	0.07	0.03%						Correction Required -
								Total Fat too High

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