

# Franklin-McKinley

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 10/02/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
PANCAKES MINI BLUEBERRY	1 package	1	210	310	5.99	1.00	0.00
CINNAMON BUN 13940	1 EACH	1	267	140	2.0	1.17	0.00
BENEFIT BAR APPLE BLUE CHIP	EACH 2.5 OZ	1	290	200	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
CHEESEBURGER 1-15-320 GIULIANO	1 EACH	1	355	460	20.0	8.75	0.00
BURRITO BEAN:K8 bulk	1 burrito	1	316	529	8.01	3.00	0.00
MUFFIN BLUEBERRY WG, RF, IW	EACH 2 OZ	1	170	120	5.0	2.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
YOGURT CUP PEACH 4OZ	1 EACH	1	90	55	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	59	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1644	2318	47.16	16.33	0.25
% of Calories					25.8%	8.9%	0.1%
Nutrient Guideline			500-575	885		<10.00	

Tue - 10/03/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
PIZZA BRKFST SAUSAGE WG:K12	1 slice	1	210	480	8.0	2.00	0.00
BAGEL & CREAM CHEESE	bagel+crm chez	1	240	490	6.0	3.00	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100%	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
K-8 LUNCH CYCLE 3	Total	1					
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
CRISPY CHICKEN SAND 70304 GIUL	1 sandwich	1	400	650	17.0	3.00	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
Pretzel,Yogurt and St. Cheese	1 EACH	1	340	425	7.0	3.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
VEGGIE BLEND ASIAN	1/2 cup	1	49	11	1.92	0.17	0.00
BEANS KIDNEY	1/2 CUP	1	120	140	0.0	0.00	0.00
APPLESAUCE CND	1/2 cup	1	50	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1852	2877	52.10	16.92	0.00
% of Calories					25.3%	8.2%	0.0%
Nutrient Guideline			500-575	885		<10.00	

Wed - 10/04/2017							
	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
K-8 BREAKFAST CYCLE 1	Total	1					
PANCAKE WRAP TURKEY BULK 95121	EACH 2.85 OZ	1	160	310	6.0	1.50	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX CINNAMON	1 bowl	1	110	170	2.0	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
BAKED ZITI:oven	1 cup	1	348	888	12.48	6.89	0.00
CORN DOG CHICKEN WG	1 EACH	1	240	390	8.0	2.50	0.00
ENCHIRITO BEAN & CHEESE	1 EACH	1	340	862	9.51	3.00	0.00
PROTEIN PACK w/sunflower seed	CONTAINER	1	538	569	24.82	4.98	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1718	2911	54.39	15.27	0.00
% of Calories					28.5%	8.0%	0.0%
Nutrient Guideline			500-575	885		<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 10/05/2017</b>							
K-8 BREAKFAST CYCLE 1	Total	1					
FRENCH TOAST STICKS w/PATTY:K8	sticks&sausage	1	346	447	18.8	5.26	0.00
BAGEL & CREAM CHEESE	bagel+crm chez	1	240	490	6.0	3.00	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
CHICKEN TENDER WG: TYSON	3 tenders	1	261	391	15.04	2.51	0.00
HOT DOG TURKEY 51% WW GIULIANO	1 EACH	1	260	550	11.5	3.00	0.00
PIZZA SMART CHEESE:K8	1 slice	1	300	580	11.0	4.00	0.00
PIZZA SMART PEPPERONI:K8	1 slice	1	325	663	13.19	4.82	0.00
SALAD CHICKEN CAESAR faj SEC	PORTION	1	352	936	28.91	6.58	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
BANANAS:150ct	1 EACH	1	105	1	0.39	0.13	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
JICAMA STICKS	1/2 cup	1	38	1	0.12	0.02	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1864	3137	67.58	18.16	0.00
% of Calories					32.6%	8.8%	0.0%
Nutrient Guideline			500-575	885		<10.00	

<b>Fri - 10/06/2017</b>							
K-8 BREAKFAST CYCLE 1	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

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Oct 2, 2017 thru Oct 31, 2017

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
K-8 LUNCH CYCLE 3	Total	1					
BREAKFAST 4 LUNCH PANCAKE PATT	2 PAN + 2 SAUS	1	275	566	11.34	3.61	0.00
ITALIAN DUNKERS WG 73338	2 breadsticks	1	310	590	13.0	7.00	0.00
SAND HOT FISHWICH:K12	1 burger	1	300	650	8.0	0.00	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1476	2576	42.93	12.13	0.00
% of Calories					26.2%	7.4%	0.0%
Nutrient Guideline			500-575	885		<10.00	

Mon - 10/16/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
PANCAKES MINI BLUEBERRY	1 package	1	210	310	5.99	1.00	0.00
CINNAMON BUN 13940	1 EACH	1	267	140	2.0	1.17	0.00
BENEFIT BAR APPLE BLUE CHIP	EACH 2.5 OZ	1	290	200	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
RIB BEEF HONEY BBQ 3716 GIULIA	1 EACH	1	340	960	12.5	4.50	0.00
QUESADILLA CHEESE K-5	1 EACH	1	343	515	19.75	9.75	0.00
SAND COLD PBJ STR WG IW 92127	2.8 OZ	1	290	340	15.0	2.00	0.00
MUFFIN BLUEBERRY WG, RF, IW	EACH 2 OZ	1	170	120	5.0	2.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
YOGURT CUP PEACH 4OZ	1 EACH	1	90	55	0.0	0.00	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			1665	2668	56.37	18.54	0.00
% of Calories					30.5%	10.0%	0.0%
Nutrient Guideline			500-575	885		<10.00	

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Tue - 10/17/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
PIZZA BRKFST SAUSAGE WG:K12	1 slice	1	210	480	8.0	2.00	0.00
BAGEL & CREAM CHEESE	bagel+crm chez	1	240	490	6.0	3.00	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100%	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
CHICKEN STICKS WG TYSON	8 STICKS	1	258	387	14.88	2.48	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
SAND COLD TURKEY & CHDR SUB GS	1 EACH	1	281	633	9.76	4.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
VEGGIE BLEND ASIAN	1/2 cup	1	49	11	1.92	0.17	0.00
BEANS KIDNEY	1/2 CUP	1	120	140	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1751	2849	52.43	17.16	0.00
% of Calories					27.0%	8.8%	0.0%
Nutrient Guideline			500-575	885		<10.00	

Wed - 10/18/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
PANCAKE WRAP TURKEY BULK 95121	EACH 2.85 OZ	1	160	310	6.0	1.50	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX CINNAMON	1 bowl	1	110	170	2.0	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Franklin-McKinley

Oct 2, 2017 thru Oct 31, 2017

## Base Menu Spreadsheet

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
K-8 LUNCH CYCLE 3	Total	1					
MAC & CHEESE JTM 5705	#6 SCOOP	1	320	687	17.88	9.74	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
CHICKEN NUGGETS:tyson 2155	7 EACH	1	336	658	19.6	3.50	0.00
GRILLED CHEESE 1.5MMA GIULIANO	1 sandwich	1	275	565	12.5	6.75	0.00
PROTEIN PACK w/sunflower seed	CONTAINER	1	538	569	24.82	4.98	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1790	2876	64.44	19.07	0.00
% of Calories					32.4%	9.6%	0.0%
Nutrient Guideline			500-575	885		<10.00	

Thu - 10/19/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
FRENCH TOAST STICKS w/PATTY:K8	sticks&sausage	1	346	447	18.8	5.26	0.00
BAGEL & CREAM CHEESE	bagel+crm chez	1	240	490	6.0	3.00	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
WRAP BUFFALO CHICKEN: K-8	WRAP	1	402	1270	19.78	5.51	0.00
FAJITA CHICKEN & VEG K-8	1 EACH	1	333	523	15.52	5.08	0.02
BANANAS:150ct	1 EACH	1	105	1	0.39	0.13	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
JICAMA STICKS	HALF CUP	1	38	1	0.12	0.02	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			1741	3045	60.62	19.44	0.26
% of Calories					31.3%	10.1%	0.1%
Nutrient Guideline			500-575	885		<10.00	

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Fri - 10/20/2017</b>							
K-8 BREAKFAST CYCLE 1	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
NACHOS BEEF CHZ SAUCE 1-320410	1 EACH	1	461	564	27.04	12.67	0.01
CHICKEN POPCORN:K12	12 popcorn	1	255	377	14.4	2.77	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
SAND COLD TUNA GIULIANOS	1 sandwich	1	351	616	19.26	3.14	0.00
TUNA SALAD FILLING	#8 SCOOP	1	412	631	33.88	6.16	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1836	2834	75.53	19.45	0.00
% of Calories					37.0%	9.5%	0.0%
Nutrient Guideline			500-575	885		<10.00	

<b>Mon - 10/23/2017</b>							
K-8 BREAKFAST CYCLE 1	Total	1					
PANCAKES MINI BLUEBERRY	1 package	1	210	310	5.99	1.00	0.00
CINNAMON BUN 13940	1 EACH	1	267	140	2.0	1.17	0.00
BENEFIT BAR APPLE BLUE CHIP	EACH 2.5 OZ	1	290	200	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Franklin-McKinley

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
K-8 LUNCH CYCLE 3	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
CHEESEBURGER 1-15-320 GIULIANO	1 EACH	1	355	460	20.0	8.75	0.00
BURRITO BEAN:K8 bulk	1 burrito	1	316	529	8.01	3.00	0.00
MUFFIN BLUEBERRY WG, RF, IW	EACH 2 OZ	1	170	120	5.0	2.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
YOGURT CUP PEACH 4OZ	1 EACH	1	90	55	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	59	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average % of Calories			1644	2318	47.16 25.8%	16.33 8.9%	0.25 0.1%
Nutrient Guideline			500-575	885		<10.00	

Tue - 10/24/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
PIZZA BRKFST SAUSAGE WG:K12	1 slice	1	210	480	8.0	2.00	0.00
BAGEL & CREAM CHEESE	bagel+crm chez	1	240	490	6.0	3.00	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100%	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
CRISPY CHICKEN SAND 70304 GIUL	1 sandwich	1	400	650	17.0	3.00	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
Pretzel,Yogurt and St. Cheese	1 Each	1	340	425	7.0	3.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
VEGGIE BLEND ASIAN	1/2 cup	1	49	11	1.92	0.17	0.00
BEANS KIDNEY	1/2 CUP	1	120	140	0.0	0.00	0.00
APPLESAUCE CND	1/2 cup	1	50	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

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# Franklin-McKinley

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1852	2877	52.10	16.92	0.00
% of Calories					25.3%	8.2%	0.0%
Nutrient Guideline			500-575	885		<10.00	

Wed - 10/25/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
PANCAKE WRAP TURKEY BULK 95121	EACH 2.85 OZ	1	160	310	6.0	1.50	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX CINNAMON	1 bowl	1	110	170	2.0	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
BAKED ZITI:oven	1 cup	1	348	888	12.48	6.89	0.00
CORN DOG CHICKEN WG	1 EACH	1	240	390	8.0	2.50	0.00
ENCHIRITO BEAN & CHEESE	1 EACH	1	340	862	9.51	3.00	0.00
PROTEIN PACK w/sunflower seed	CONTAINER	1	538	569	24.82	4.98	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1718	2911	54.39	15.27	0.00
% of Calories					28.5%	8.0%	0.0%
Nutrient Guideline			500-575	885		<10.00	

Thu - 10/26/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
FRENCH TOAST STICKS w/PATTY:K8	sticks&sausage	1	346	447	18.8	5.26	0.00
BAGEL & CREAM CHEESE	bagel+crm chez	1	240	490	6.0	3.00	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Franklin-McKinley

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
K-8 LUNCH CYCLE 3	Total	1					
CHICKEN NUGGETS:tyson 2155	7 EACH	1	336	658	19.6	3.50	0.00
HOT DOG TURKEY 51% WW GIULIANO	1 EACH	1	260	550	11.5	3.00	0.00
PIZZA SMART CHEESE:K8	1 slice	1	300	580	11.0	4.00	0.00
PIZZA SMART PEPPERONI:K8	1 slice	1	325	663	13.19	4.82	0.00
SALAD CHICKEN CAESAR faj SEC	PORTION	1	352	936	28.91	6.58	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
BANANAS:150ct	1 EACH	1	105	1	0.39	0.13	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
JICAMA STICKS	1/2 cup	1	38	1	0.12	0.02	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1902	3270	69.86	18.65	0.00
% of Calories					33.1%	8.8%	0.0%
Nutrient Guideline			500-575	885		<10.00	

Fri - 10/27/2017							
K-8 BREAKFAST CYCLE 1	Total	1					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
CINNAMON BUN WG IW 6070	1 EACH	1	240	300	8.0	2.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX RICE CA	1 bowl	1	100	250	0.5	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
BREAKFAST 4 LUNCH PANCAKE PATT	2 PAN + 2 SAUS	1	275	566	11.34	3.61	0.00
ITALIAN DUNKERS WG 73338	2 breadsticks	1	310	590	13.0	7.00	0.00
SAND HOT FISHWICH:K12	1 burger	1	300	650	8.0	0.00	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1476	2576	42.93	12.13	0.00
% of Calories					26.2%	7.4%	0.0%
Nutrient Guideline			500-575	885		<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Franklin-McKinley

Oct 2, 2017 thru Oct 31, 2017

## Base Menu Spreadsheet

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

### Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 10/30/2017</b>							
K-8 BREAKFAST CYCLE 1	Total	1					
PANCAKES MINI BLUEBERRY	1 package	1	210	310	5.99	1.00	0.00
CINNAMON BUN 13940	1 EACH	1	267	140	2.0	1.17	0.00
BENEFIT BAR APPLE BLUE CHIP	EACH 2.5 OZ	1	290	200	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
K-8 LUNCH CYCLE 3	Total	1					
RIB BEEF HONEY BBQ 3716 GIULIA	1 EACH	1	340	960	12.5	4.50	0.00
QUESADILLA CHEESE K-5	1 EACH	1	343	515	19.75	9.75	0.00
SAND COLD PBJ STR WG IW 92127	2.8 OZ	1	290	340	15.0	2.00	0.00
MUFFIN BLUEBERRY WG, RF, IW	EACH 2 OZ	1	170	120	5.0	2.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
YOGURT CUP PEACH 4OZ	1 EACH	1	90	55	0.0	0.00	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
PEACHES CANNED DICED IN JUICE	1/2 CUP	1	50	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			1665	2668	56.37	18.54	0.00
% of Calories					30.5%	10.0%	0.0%
Nutrient Guideline			500-575	885		<10.00	

<b>Tue - 10/31/2017</b>							
K-8 BREAKFAST CYCLE 1	Total	1					
PIZZA BRKFST SAUSAGE WG:K12	1 slice	1	210	480	8.0	2.00	0.00
BAGEL & CREAM CHEESE	bagel+crm chez	1	240	490	6.0	3.00	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD CHEX HONEY NUT	1 bowl	1	124	196	0.52	0.00	0.00
CRACKER GRAHAM:2pk	2 pkg	1	172	191	4.77	0.00	0.00
JUICE ORANGE 100%	4 oz cup	1	60	0	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Base Menu Spreadsheet

Oct 2, 2017 thru Oct 31, 2017

Combined: K-8 BREAKFAST CYCLE 1/K-8 LUNCH CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
K-8 LUNCH CYCLE 3	Total	1					
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
CRISPY CHICKEN SAND 70304 GUIL	1 sandwich	1	410	680	17.5	3.00	0.00
PIZZA SMART CHEESE 100%, WG	PIECE	1	300	560	11.0	5.00	0.00
PIZZA SMART W/PEP 100%, WG	PIECE	1	325	643	13.19	5.82	0.00
SAND COLD TURKEY & CHDR SUB GS	1 EACH	1	281	633	9.76	4.50	0.00
PEAR WHOLE FRESH 100 CT	1 EACH	1	96	2	0.2	0.01	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
VEGGIE BLEND ASIAN	1/2 cup	1	49	11	1.92	0.17	0.00
BEANS KIDNEY	1/2 CUP	1	120	140	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
Weighted Daily Average			1827	2996	53.73	17.42	0.00
% of Calories					26.5%	8.6%	0.0%
Nutrient Guideline			500-575	885		<10.00	

Weighted Average			1731	2806	55.89	16.92	0.05
					29.1%	8.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1731		500 - 575	301%			1156	Correction Required - Calories too High Correction Required - Sodium too High
Sodium (mg)	2806		885				1921	
Total Fat (g)	55.89	29.07%						
Saturated Fat (g)	16.92	8.80%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.02%						

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