

# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

## Portion Values - Detailed

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Generated on: 9/5/2017 8:14:34 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 09/01/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
SANDWICH ENGLISH MUFFIN W/HAM	1 EACH	1	242	445	11.87	3.76	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN OVEN ROASTED	1 EACH	1	150	300	10.0	3.00	0.00
POTATO MASHED:instant 10326	#8 scoop	1	90	96	1.22	0.81	0.00
SAND HOT FISHWICH:K12	1 burger	1	300	650	8.0	0.00	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE K5	SLICE	1	272	456	11.21	5.61	0.00
PIZZA BIG DADDY'S HT PEP K5	SLICE	1	297	539	13.4	6.43	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
POTATO BAKER & BROCCOLI:K12	1 loaded potato	1	367	599	19.34	8.36	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
BEANS PINTO	1/2 CUP	1	100	140	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			44	79	1.57	0.59	0.00
% of Calories					31.9%	12.1%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Tue - 09/05/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
EGG SCRAMBLED	#16 SCOOP	1	77	72	5.15	1.55	0.00
HAM TURKEY SLICED:0.5M	1 oz	1	33	173	1.47	0.49	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
BENEFIT BAR OAT RAISIN 40400	EACH 2.5 OZ	1	290	190	9.0	3.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
SPICY CHICKEN SAND 70314 GIUL	1 sandwich	1	410	680	17.5	3.50	0.00
POTATO WEDGE FRIES FF USDA	1/2 cup	1	120	33	0.0	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
PIZZA BIG DADDY'S HT VEGGIE	SLICE	1	366	642	15.35	7.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
BEANS REFRIED:veg	1/2 CUP	1	119	536	1.99	0.00	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
ORANGE MANDARIN CND	1/2 CUP	1	63	9	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			47	86	1.67	0.63	0.01
% of Calories					31.6%	11.9%	0.1%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Wed - 09/06/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
SAND BRKFST BAGEL EGG:K12	1 sandwich	1	301	730	11.63	4.05	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD RAISIN BRAN	BOWL	1	110	150	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	50	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	25	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	25	60	0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN & WAFFLE:6-12 TYSON	waffle + chix	1	450	670	21.0	3.50	0.00
SYRUP PKT 1OZ 13951	POUCH 1 OZ	1	80	0	0.0	0.00	0.00
SLOPPY JOE 2858-28 GIULIANOS	BURGER	1	584	1749	24.34	9.52	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEP & JAL	SLICE	1	376	831	16.93	8.10	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BURRITO BEAN:K8 scratch	1 burrito	1	310	668	9.57	3.50	0.00
BURRITO BEEF:K8 scratch	1 burrito	1	300	616	11.13	4.41	0.00
LETTUCE SHRED	1/2 cup	1	5	4	0.08	0.01	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
SOUR CREAM	1 TBSP	1	30	23	3.0	1.75	0.00
OLIVES BLACK	1/2 cup	1	104	520	10.41	0.00	0.00
SALSA MILD PACE	1 OZ	1	12	191	0.03	0.01	*N/A*
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
ZUCCHINI	1/2 CUP	1	10	5	0.18	0.05	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
BEANS PINTO	1/2 CUP	1	100	140	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			155	235	2.51	1.02	*0.00
% of Calories					14.6%	5.9%	*0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Thu - 09/07/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
PANCAKE WG 4" K-12	2 PANCAKES	1	150	400	2.0	0.50	0.00
SAUSAGE TURKEY PATTY 6131	1 EACH	1	62	83	4.67	1.56	0.00
SYRUP PKT 1OZ 13951	POUCH 1 OZ	1	80	0	0.0	0.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD RAISIN BRAN	BOWL	1	110	150	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
ENCHILADA BEEF:K8	1 enchilada	1	310	971	13.33	5.96	0.00
BEANS REFRIED:veg	1/2 CUP	1	119	536	1.99	0.00	0.00
CHEESEBURGER 1-15-320 GIULIANO	1 EACH	1	355	460	20.0	8.75	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
PIZZA BIG DADDY'S HT VEGGIE	SLICE	1	366	642	15.35	7.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
TURKEY GRAVY w/MASHED POTATOES	gravy+potato	1	210	556	7.22	2.81	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			49	95	1.66	0.66	0.00
% of Calories					30.8%	12.3%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Fri - 09/08/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
SANDWICH ENGLISH MUFFIN W/HAM	1 EACH	1	242	445	11.87	3.76	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN OVEN ROASTED	1 EACH	1	150	300	10.0	3.00	0.00
POTATO MASHED:instant 10326	#8 scoop	1	90	96	1.22	0.81	0.00
SAND HOT FISHWICH:K12	1 burger	1	300	650	8.0	0.00	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE K5	SLICE	1	272	456	11.21	5.61	0.00
PIZZA BIG DADDY'S HT PEP K5	SLICE	1	297	539	13.4	6.43	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
POTATO BAKER & BROCCOLI:K12	1 loaded potato	1	367	599	19.34	8.36	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
BEANS PINTO	1/2 CUP	1	100	140	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			44	79	1.57	0.59	0.00
% of Calories					31.9%	12.1%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Mon - 09/11/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
FRCH TOST STCKS W/ SAUSAGE BRK	3 STCKS/ 1 LIN	1	293	407	13.0	3.25	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD TOTAL RAISIN BRAN	BOWL	1	100	140	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
BURRITO BEAN:K8 bulk	1 burrito	1	316	529	8.01	3.00	0.00
RICE SPANISH	1/2 CUP	1	163	301	0.76	0.00	0.00
HOT DOG ORIGINAL:K8	1 hot dog	1	240	490	11.0	2.50	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
PASTA ALFREDO w/CHICKEN JTM	2 #8 SCOOPS	1	268	633	9.96	4.91	0.00
SPAGHETTI & MEATBALLS 17-505-0	1CUP+5meatball	1	429	272	16.73	6.35	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			53	93	1.77	0.69	0.00
% of Calories					30.2%	11.7%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Tue - 09/12/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
EGG SCRAMBLED	#16 SCOOP	1	77	72	5.15	1.55	0.00
HAM TURKEY SLICED:0.5M	1 oz	1	33	173	1.47	0.49	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
BENEFIT BAR OAT RAISIN 40400	EACH 2.5 OZ	1	290	190	9.0	3.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
SPICY CHICKEN SAND 70314 GIUL	1 sandwich	1	410	680	17.5	3.50	0.00
POTATO WEDGE FRIES FF USDA	1/2 cup	1	120	33	0.0	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
PIZZA BIG DADDY'S HT VEGGIE	SLICE	1	366	642	15.35	7.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
BEANS REFRIED:veg	1/2 CUP	1	119	536	1.99	0.00	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
ORANGE MANDARIN CND	1/2 CUP	1	63	9	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			47	86	1.67	0.63	0.01
% of Calories					31.6%	11.9%	0.1%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Wed - 09/13/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
SAND BRKFST BAGEL EGG:K12	1 sandwich	1	301	730	11.63	4.05	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD RAISIN BRAN	BOWL	1	110	150	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	50	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	25	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	25	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN & WAFFLE:6-12 TYSON	waffle + chix	1	450	670	21.0	3.50	0.00
SYRUP PKT 1OZ 13951	POUCH 1 OZ	1	80	0	0.0	0.00	0.00
SLOPPY JOE 2858-28 GIULIANOS	BURGER	1	584	1749	24.34	9.52	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEP & JAL	SLICE	1	376	831	16.93	8.10	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
BURRITO BEAN:K8 scratch	1 burrito	1	310	668	9.57	3.50	0.00
BURRITO BEEF:K8 scratch	1 burrito	1	300	616	11.13	4.41	0.00
LETTUCE SHRED	1/2 cup	1	5	4	0.08	0.01	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
SOUR CREAM	1 TBSP	1	30	23	3.0	1.75	0.00
OLIVES BLACK	1/2 cup	1	104	520	10.41	0.00	0.00
SALSA MILD PACE	1 OZ	1	12	191	0.03	0.01	*N/A*
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
ZUCCHINI	1/2 CUP	1	10	5	0.18	0.05	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
BEANS PINTO	1/2 CUP	1	100	140	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			160	248	2.72	1.12	*0.00
% of Calories					15.3%	6.3%	*0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Thu - 09/14/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
PANCAKE WG 4" K-12	2 PANCAKES	1	150	400	2.0	0.50	0.00
SAUSAGE TURKEY PATTY 6131	1 EACH	1	62	83	4.67	1.56	0.00
SYRUP PKT 1OZ 13951	POUCH 1 OZ	1	80	0	0.0	0.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD RAISIN BRAN	BOWL	1	110	150	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
ENCHILADA BEEF:K8	1 enchilada	1	310	971	13.33	5.96	0.00
BEANS REFRIED:veg	1/2 CUP	1	119	536	1.99	0.00	0.00
CHEESEBURGER 1-15-320 GIULIANO	1 EACH	1	355	460	20.0	8.75	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
PIZZA BIG DADDY'S HT VEGGIE	SLICE	1	366	642	15.35	7.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
TURKEY GRAVY w/MASHED POTATOES	gravy+potato	1	210	556	7.22	2.81	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			49	95	1.66	0.66	0.00
% of Calories					30.8%	12.3%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Fri - 09/15/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
BURRITO BREAKFAST EGG SAUS	BURRITO	1	364	518	19.6	6.14	0.20
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN OVEN ROASTED	1 EACH	1	150	300	10.0	3.00	0.00
POTATO MASHED:instant 10326	#8 scoop	1	90	96	1.22	0.81	0.00
SAND HOT FISHWICH:K12	1 burger	1	300	650	8.0	0.00	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE K5	SLICE	1	272	456	11.21	5.61	0.00
PIZZA BIG DADDY'S HT PEP K5	SLICE	1	297	539	13.4	6.43	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
POTATO BAKER & BROCCOLI:K12	1 loaded potato	1	367	599	19.34	8.36	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			44	78	1.65	0.62	0.00
% of Calories					33.3%	12.5%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Mon - 09/18/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
FRCH TOST STCKS W/ SAUSAGE BRK	3 STCKS/ 1 LIN	1	293	407	13.0	3.25	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD TOTAL RAISIN BRAN	BOWL	1	100	140	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
BURRITO BEAN:K8 bulk	1 burrito	1	316	529	8.01	3.00	0.00
RICE SPANISH	1/2 CUP	1	163	301	0.76	0.00	0.00
HOT DOG ORIGINAL:K8	1 hot dog	1	240	490	11.0	2.50	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
PASTA ALFREDO w/CHICKEN JTM	2 #8 SCOOPS	1	268	633	9.96	4.91	0.00
SPAGHETTI & MEATBALLS 17-505-0	1CUP+5meatball	1	429	272	16.73	6.35	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
PEAS GREEN	1/2 CUP	1	64	151	0.0	0.00	0.00
CARROTS CANNED	1/2 CUP	1	30	140	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			54	94	1.85	0.71	0.00
% of Calories					30.8%	11.8%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Tue - 09/19/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
EGG SCRAMBLED	#16 SCOOP	1	77	72	5.15	1.55	0.00
HAM TURKEY SLICED:0.5M	1 oz	1	33	173	1.47	0.49	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
BENEFIT BAR OAT RAISIN 40400	EACH 2.5 OZ	1	290	190	9.0	3.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
SPICY CHICKEN SAND 70314 GIUL	1 sandwich	1	410	680	17.5	3.50	0.00
POTATO WEDGE FRIES FF USDA	1/2 cup	1	120	33	0.0	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
PIZZA BIG DADDY'S HT VEGGIE	SLICE	1	366	642	15.35	7.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
BEANS REFRIED:veg	1/2 CUP	1	119	536	1.99	0.00	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
ORANGE MANDARIN CND	1/2 CUP	1	63	9	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			47	86	1.67	0.63	0.01
% of Calories					31.6%	11.9%	0.1%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Wed - 09/20/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
SAND BRKFST BAGEL EGG:K12	1 sandwich	1	301	730	11.63	4.05	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD RAISIN BRAN	BOWL	1	110	150	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	50	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	25	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	25	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN & WAFFLE:6-12 TYSON	waffle + chix	1	450	670	21.0	3.50	0.00
SYRUP PKT 1OZ 13951	POUCH 1 OZ	1	80	0	0.0	0.00	0.00
SLOPPY JOE 2858-28 GIULIANOS	BURGER	1	584	1749	24.34	9.52	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEP & JAL	SLICE	1	376	831	16.93	8.10	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BURRITO BEAN:K8 scratch	1 burrito	1	310	668	9.57	3.50	0.00
BURRITO BEEF:K8 scratch	1 burrito	1	300	616	11.13	4.41	0.00
LETTUCE SHRED	1/2 cup	1	5	4	0.08	0.01	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
SOUR CREAM	1 TBSP	1	30	23	3.0	1.75	0.00
OLIVES BLACK	1/2 cup	1	104	520	10.41	0.00	0.00
SALSA MILD PACE	1 OZ	1	12	191	0.03	0.01	*N/A*
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
ZUCCHINI	1/2 CUP	1	10	5	0.18	0.05	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
BEANS PINTO	1/2 CUP	1	100	140	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			156	236	2.60	1.04	*0.00
% of Calories					15.0%	6.0%	*0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Thu - 09/21/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
PANCAKE WG 4" K-12	2 PANCAKES	1	150	400	2.0	0.50	0.00
SAUSAGE TURKEY PATTY 6131	1 EACH	1	62	83	4.67	1.56	0.00
SYRUP PKT 1OZ 13951	POUCH 1 OZ	1	80	0	0.0	0.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD RAISIN BRAN	BOWL	1	110	150	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
ENCHILADA BEEF:K8	1 enchilada	1	310	971	13.33	5.96	0.00
BEANS REFRIED:veg	1/2 CUP	1	119	536	1.99	0.00	0.00
CHEESEBURGER 1-15-320 GIULIANO	1 EACH	1	355	460	20.0	8.75	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
PIZZA BIG DADDY'S HT VEGGIE	SLICE	1	366	642	15.35	7.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
TURKEY GRAVY w/MASHED POTATOES	gravy+potato	1	210	556	7.22	2.81	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
PEPPER GREEN BELL DICED	1/2 cup	1	19	3	0.16	0.06	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			49	95	1.66	0.66	0.00
% of Calories					30.7%	12.2%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Fri - 09/22/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
BURRITO BREAKFAST EGG SAUS	BURRITO	1	364	518	19.6	6.14	0.20
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN OVEN ROASTED	1 EACH	1	150	300	10.0	3.00	0.00
POTATO MASHED:instant 10326	#8 scoop	1	90	96	1.22	0.81	0.00
SAND HOT FISHWICH:K12	1 burger	1	300	650	8.0	0.00	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE K5	SLICE	1	272	456	11.21	5.61	0.00
PIZZA BIG DADDY'S HT PEP K5	SLICE	1	297	539	13.4	6.43	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
POTATO BAKER & BROCCOLI:K12	1 loaded potato	1	367	599	19.34	8.36	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			45	79	1.73	0.64	0.00
% of Calories					34.4%	12.7%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Mon - 09/25/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
FRCH TOST STCKS W/ SAUSAGE BRK	3 STCKS/ 1 LIN	1	293	407	13.0	3.25	0.00
BENEFIT BAR APPLE CIN 40403	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD TOTAL RAISIN BRAN	BOWL	1	100	140	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
BURRITO BEAN:K8 bulk	1 burrito	1	316	529	8.01	3.00	0.00
RICE SPANISH	1/2 CUP	1	163	301	0.76	0.00	0.00
HOT DOG ORIGINAL:K8	1 hot dog	1	240	490	11.0	2.50	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
PASTA ALFREDO w/CHICKEN JTM	2 #8 SCOOPS	1	268	633	9.96	4.91	0.00
SPAGHETTI & MEATBALLS 17-505-0	1CUP+5meatball	1	429	272	16.73	6.35	0.00
BREADSTICK 2 OZ	1 EACH	1	140	160	0.1	0.00	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CELERY STICKS	1/2 cup	1	12	60	0.13	0.03	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
PEAS GREEN	1/2 CUP	1	64	151	0.0	0.00	0.00
CARROTS CANNED	1/2 CUP	1	30	140	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
PEARS CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			54	94	1.85	0.71	0.00
% of Calories					30.8%	11.8%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Tue - 09/26/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
EGG SCRAMBLED	#16 SCOOP	1	77	72	5.15	1.55	0.00
HAM TURKEY SLICED:0.5M	1 oz	1	33	173	1.47	0.49	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
BENEFIT BAR OAT RAISIN 40400	EACH 2.5 OZ	1	290	190	9.0	3.00	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
BEEF DIPPERS TERIYAKI	4 DIPPERS	1	163	448	8.14	3.56	0.51
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
RICE BROWN WG COOKED	1/2 CUP	1	117	2	0.69	0.00	0.00
SPICY CHICKEN SAND 70314 GIUL	1 sandwich	1	410	680	17.5	3.50	0.00
POTATO WEDGE FRIES FF USDA	1/2 cup	1	120	33	0.0	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
PIZZA BIG DADDY'S HT VEGGIE	SLICE	1	366	642	15.35	7.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
TACO BEEF CORN:K8	2 tacos	1	259	370	9.9	3.86	0.00
BEANS REFRIED:veg	1/2 CUP	1	119	536	1.99	0.00	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
BROCCOLI TREES:blanched	1/2 cup	1	15	15	0.16	0.02	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
ORANGE MANDARIN CND	1/2 CUP	1	63	9	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
Weighted Daily Average			47	86	1.67	0.63	0.01
% of Calories					31.6%	11.9%	0.1%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Wed - 09/27/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
SAND BRKFST BAGEL EGG:K12	1 sandwich	1	301	730	11.63	4.05	0.00
BENEFIT BAR FRENCH TOAST 40404	EACH 2.5 OZ	1	290	200	9.0	2.50	0.00
CEREAL COLD RAISIN BRAN	BOWL	1	110	150	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	50	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	25	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	25	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN & WAFFLE:6-12 TYSON	waffle + chix	1	450	670	21.0	3.50	0.00
SYRUP PKT 1OZ 13951	POUCH 1 OZ	1	80	0	0.0	0.00	0.00
SLOPPY JOE 2858-28 GIULIANOS	BURGER	1	584	1749	24.34	9.52	0.00
POTATO TATER TOTS	1/2 cup	1	130	310	6.0	1.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEP & JAL	SLICE	1	376	831	16.93	8.10	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BURRITO BEAN:K8 scratch	1 burrito	1	310	668	9.57	3.50	0.00
BURRITO BEEF:K8 scratch	1 burrito	1	300	616	11.13	4.41	0.00
LETTUCE SHRED	1/2 cup	1	5	4	0.08	0.01	0.00
CHEESE SHRED CHEDDAR	2 TBSP	1	55	90	4.5	2.50	0.00
SOUR CREAM	1 TBSP	1	30	23	3.0	1.75	0.00
OLIVES BLACK	1/2 cup	1	104	520	10.41	0.00	0.00
SALSA MILD PACE	1 OZ	1	12	191	0.03	0.01	*N/A*
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
ZUCCHINI	1/2 CUP	1	10	5	0.18	0.05	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
BEANS PINTO	1/2 CUP	1	100	140	0.0	0.00	0.00
APPLESAUCE CND	1/2 CUP	1	50	10	0.0	0.00	0.00
APPLE, WHOLE 198 COUNT	1 EACH	1	53	1	0.17	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			156	236	2.60	1.04	*0.00
% of Calories					15.0%	6.0%	*0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Thu - 09/28/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
PANCAKE WG 4" K-12	2 PANCAKES	1	150	400	2.0	0.50	0.00
SAUSAGE TURKEY PATTY 6131	1 EACH	1	62	83	4.67	1.56	0.00
SYRUP PKT 1OZ 13951	POUCH 1 OZ	1	80	0	0.0	0.00	0.00
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL COLD RAISIN BRAN	BOWL	1	110	150	0.5	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
ENCHILADA BEEF:K8	1 enchilada	1	310	971	13.33	5.96	0.00
BEANS REFRIED:veg	1/2 CUP	1	119	536	1.99	0.00	0.00
CHEESEBURGER 1-15-320 GIULIANO	1 EACH	1	355	460	20.0	8.75	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE	SLICE	1	340	571	14.01	7.01	0.00
PIZZA BIG DADDY'S HT PEPPERONI	SLICE	1	373	681	16.93	8.10	0.00
PIZZA BIG DADDY'S HT VEGGIE	SLICE	1	366	642	15.35	7.02	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
TURKEY GRAVY w/MASHED POTATOES	gravy+potato	1	210	556	7.22	2.81	0.00
ROLL DINNER:2G	1 roll	1	169	135	2.99	0.50	0.00
SALAD GREEN TOSSED BULK SIDE	1 CUP	1	16	24	0.17	0.03	0.00
CORN CANNED 15483	1/2 CUP	1	80	360	0.0	0.00	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
PEPPER GREEN BELL DICED	1/2 cup	1	19	3	0.16	0.06	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			49	95	1.66	0.66	0.00
% of Calories					30.7%	12.2%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Fri - 09/29/2017							
middle breakfast	Total	100					
PIZZA BRKFST TURKEY SAUSAGE WG	1 EACH	1	210	480	7.0	2.00	0.00
BURRITO BREAKFAST EGG SAUS	BURRITO	1	364	518	19.6	6.14	0.20
BENEFIT BAR OAT CHOC CHP 40401	EACH 2.5 OZ	1	290	240	9.0	3.00	0.00
CEREAL FROSTED MINI WHEATS	1 bowl	1	100	0	0.0	0.00	0.00
CHEESE STRING IW	1 EACH	1	80	150	6.0	3.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
JUICE ORANGE 100% 4 OZ	4 oz cup	1	60	0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Franklin-McKinley

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Combined: middle breakfast/6-8 GRADE LUNCH  
CYCLE 3

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
6-8 GRADE LUNCH CYCLE	Total	1					
CHICKEN OVEN ROASTED	1 EACH	1	150	300	10.0	3.00	0.00
POTATO MASHED:instant 10326	#8 scoop	1	90	96	1.22	0.81	0.00
SAND HOT FISHWICH:K12	1 burger	1	300	650	8.0	0.00	0.00
POTATO WEDGE FRIES	1/2 cup	1	90	30	2.5	0.00	0.00
PIZZA BIG DADDY'S HT CHEESE K5	SLICE	1	272	456	11.21	5.61	0.00
PIZZA BIG DADDY'S HT PEP K5	SLICE	1	297	539	13.4	6.43	0.00
PIZZA BIG DADDY'S HT HAWAIIAN	SLICE	1	358	623	14.39	7.13	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
SAND COLD TURKEY & CHEESE GIUL	1 EACH	1	271	683	9.76	4.50	0.00
SAND COLD HAM & CHEESE GIULIAN	1 EACH	1	270	675	10.5	5.00	0.00
POTATO BAKER & BROCCOLI:K12	1 loaded potato	1	367	599	19.34	8.36	0.00
SALAD CAESAR BULK SIDE	1 CUP	1	91	178	8.35	2.18	0.00
BEANS GREEN HEATED 05237	1/2 CUP	1	27	293	0.0	0.00	0.00
CARROT STICKS	HALF CUP	1	25	42	0.15	0.02	0.00
CUCUMBER SLICES	1/2 CUP	1	9	1	0.07	0.02	0.00
FRUIT MIX CANNED IN JUICE	1/2 CUP	1	60	10	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	1	63	0	0.16	0.03	0.00
MILK WHITE 1% BERKELEY	HALF PINT	1	130	160	2.5	1.50	0.00
MILK CHOCOLATE FF TRU MOO	HALF PINT	1	120	190	0.0	0.00	0.00
MAYONNAISE DISPENSER	.5 OZ	1	94	80	10.39	1.42	0.00
MUSTARD DISPENSER	.5 OZ	1	0	177	0.0	0.00	0.00
BBQ SAUCE DISPENSER	.5 OZ	1	17	188	0.0	0.00	0.00
KETCHUP DISPENSER	.5 OZ	1	17	133	0.0	0.00	0.00
Weighted Daily Average			45	79	1.73	0.64	0.00
% of Calories					34.4%	12.7%	0.0%
Nutrient Guideline			600-650	1231	<=29.7	<10.00	

Weighted Average			70	118	1.87 24.2%	0.73 9.4%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	70		600 - 650	12%		530		Correction Required - Calories are Low
Sodium (mg)	118		1231					
Total Fat (g)	1.87	24.17%	<=29.70%					
Saturated Fat (g)	0.73	9.39%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.02%			Missing			

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